

## ***ECWC 12: Dealing with Goal, Motivation, and Conflict in Your Own Life: Optimizing the Writing Process while Keeping Motivation High***

Paranormal romance author Rebecca Zanetti has published five books and one novella the last two years with Kensington Brava. Her current deadlines require her to turn in a book every three months. Nonfiction author Åsa Maria Bradley went from taking four years to complete her first manuscript to now finishing two per year. Both writers work full time as college professors, while still making time for writing, family, and sleep. In this workshop, they'll talk about:

- ❖ Making a schedule that fits you, instead of fitting yourself around a schedule.



- ❖ Protecting your writing time, without feeling guilty.

- ❖ Spending five minutes preparing for your writing session can double or triple your word count.

- ❖ Keeping writing at the forefront of your life, even when you're not in front of the keyboard.

- ❖ Nourishing your writing soul and keeping your creativity and motivation high, even while meeting your deadlines.

- ❖ Fun and effective mind games to get you back into your book.



- ❖ Where and how to search for inspiration...and yes, going after it with a club is perfectly acceptable.

- ❖ Connecting with critique partners and beta readers that fit your process and goals.

- ❖ Working with agents and editors to keep on track.

## Resources

Some of these links are tips about writing time optimization. Some are pure fun and/or inspirational. ☺

**Rachel Aaron's** blog "How I Went From Writing 2,000 Words a Day to 10,000 Words a Day"  
<http://thisblogisaploy.blogspot.com/2011/06/how-i-went-from-writing-2000-words-day.html>

**Judith Arnold and Alison Hart's** workshop "Outwitting a Muse Who Just Won't Behave" RWA 2009  
Workshop Recording 14-022 (14\_022.mp3)

**Susan Dennard's** blog post on how to write a 1 page synopsis by filling in the blanks.  
<http://www.publishingcrawl.com/2012/04/17/how-to-write-a-1-page-synopsis/>

**Elizabeth Gilbert's** TED talk on how to follow up on a best seller and other impossible things we expect from artists and geniuses "Your Elusive Creative Genius":  
[http://www.ted.com/talks/elizabeth\\_gilbert\\_on\\_genius.html](http://www.ted.com/talks/elizabeth_gilbert_on_genius.html)

**Deborah Hale's** article "What to Pack in Your Short Synopsis"  
<http://www.deborahhale.com/Suitcase11.htm>

**Michael Hauge's** Story Mastery ([www.storymastery.com](http://www.storymastery.com)) articles:  
<http://www.storymastery.com/articles>

RWA 2011 workshops: 16-041AB "Uniting Plot Structure and Character Arc"  
16-052AB "From Identity to Essence: Love Stories and Transformation"

**Candace Haven's** Fast Draft and Revision Hell class:  
<http://www.candacehavens.com/index.php/workshops/>

**Roxane St. Claire's** blog on changing "Edit As I Go" to Fast Draft "Standing On My Skyscraper Sampling Some Crow"  
<http://www.murdershewrites.com/2011/10/11/standing-on-my-skyscraper-sampling-some-crow/>

**Amy Tan's** TED talk on how we create "Where Does Creativity Hide?"  
[http://www.ted.com/talks/amy\\_tan\\_on\\_creativity.html](http://www.ted.com/talks/amy_tan_on_creativity.html)

**Rebecca Zanetti's** article on how to layer scenes "Scene Layering with an Example..."  
<http://rebeccazanetti.com/writing-craft/1745-2/>

**For general inspiration:** TED (Ideas Worth Spreading) theme "The Creative Spark." 300 + web videos on inspiration and creativity: [http://www.ted.com/themes/the\\_creative\\_spark.html](http://www.ted.com/themes/the_creative_spark.html)

